

# Support Group Membership Guidelines

Our time together is to be spent as a support group. Therefore, we urge you to interact with each other in a loving, caring manner. To facilitate this, the following ground rules are recommended.

- Please contact the group counselor if you are going to miss a group session by calling (727) 467-7423 and ask for facilitator by name.
- Please attend all meetings of group.
- Please be on time for group.
- Please stay for full length of group.
- Please give your full attention to others when they are speaking, being mindful of side conversations.
- Please respect the beliefs, opinions and values of other participants.
- Feel free to share your experiences, instead of just generalizing or telling others what they should do.
- Please respect the privacy of other participants by not talking with others outside the group about what is said in the group or posting on social media sites.
- Empath Health is a smoke-free facility, so if you are on our campus, please, no smoking.

**Friendship is born at the moment when one person says to another  
“What! You, too? I thought I was the only one.” - C.S. Lewis**

**For more information call (727) 467-7423 or visit [SuncoastHospice.org](http://SuncoastHospice.org)**

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