

Grief Support Groups

October–December 2023

Suncoast Hospice invites you to participate in one of our grief support groups. These groups are designed to provide you support after the loss of someone important to you. Grieving is a uniquely personal experience and many people find comfort, hope and strength by coming together with others to remember loved ones.

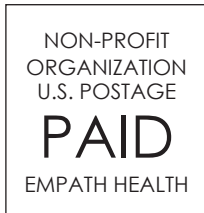
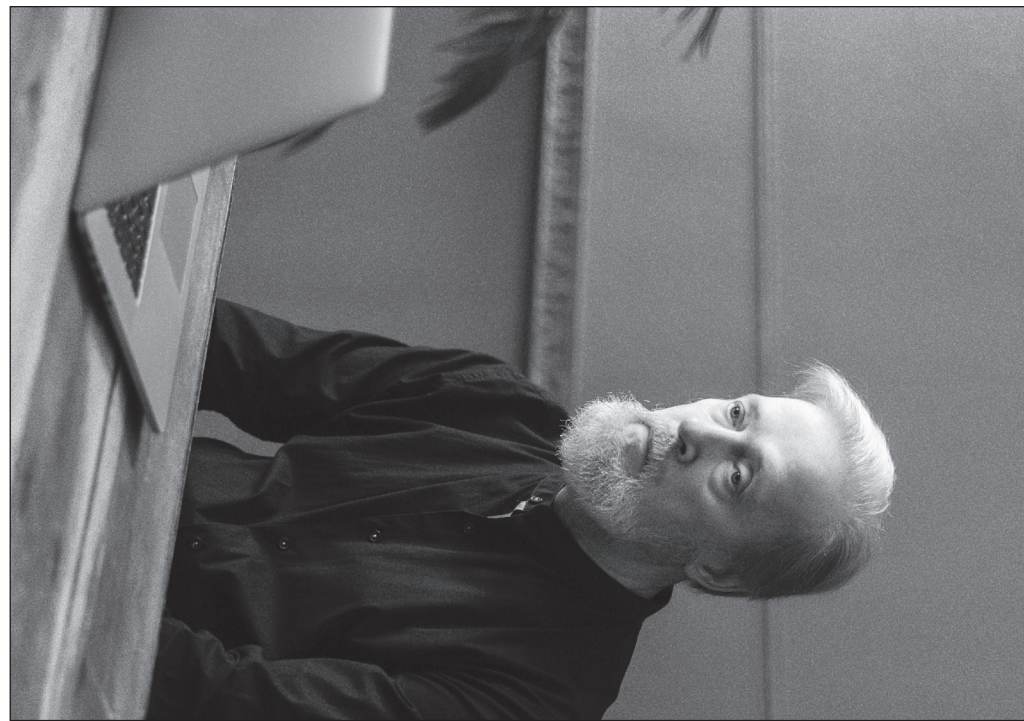
Our groups are open to those who cared for and/or the immediate family members of those who were under the care of Suncoast Hospice and anyone in our community who has experienced a loss. The groups are generally six-weeks long and are facilitated by trained and experienced counselors. There is no cost for these groups. We also provide special educational workshops and community memorial services at various times during the year.

Please take some time to review this brochure and select a group that suits your needs. A new schedule is mailed quarterly throughout the year. We hope you find a group at a time and location convenient to you.

For the safety of our participants, staff and volunteers: Masks may be required and group size may be limited based on the size of the room to provide physical distancing.

To register for a group, call our registration line at (727) 523-3455. Individual counseling is available through the Bereavement and Empath Grief Care programs. Call (727) 549-7133 for more information.

We are here to support you through your journey of healing.



Additional Resources Available

The grief experience is personal and everyone needs different support and/or information at different times. Suncoast Hospice's bereavement professionals have created additional resources to help. Visit SuncoastHospice.org/Grief to find an extra layer of support.



5771 Roosevelt Blvd.
Clearwater, FL 33760

ADDRESS SERVICE REQUESTED
BRV 10/23



Grief

Support Groups

October–December 2023



5771 Roosevelt Boulevard
Clearwater, Florida 33760
(727) 467-7423 • EmpathHealth.org

Grief Support Groups

October–December 2023

Registration Required
Call (727) 523-3455 to Register

Please notify us if there are special accommodations or assistance you will need.

To respect the group process, new members are not admitted after the second session. Individual counseling is available.

NORTH COUNTY GROUPS

General Grief and Loss

October 3–November 7
Tuesdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, Room 3
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: James Buckey, MSW, RCSWI

Adult Loss of Parent

October 11–November 15
Wednesdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Cassandra Szarejko, LMHC

Spouse Loss Retirement Years

October 17–November 21
Tuesdays, 1:00 pm–3:00 pm

Community Service Center
Gathering Place, Room 3
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Debbie L. Stockton, RCSWI

Spouse Loss Working Years

October 31–December 12
(No meeting November 21)
Tuesdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, Room 2
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Joe Bixler, LCSW

Spouse Loss Retirement Years

November 2–December 14
(No meeting November 23)
Thursdays, 2:00 pm–4:00 pm

Community Service Center
Gathering Place, Room 1
2675 Tampa Rd., Palm Harbor, 34684
Facilitator: Nathan Vail, MSW

MID-COUNTY GROUPS

Spouse Loss Retirement Years

October 6–November 10
Fridays, 1:00 pm–3:00 pm

Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Michelle Eaton, LCSW

Spouse Loss Working Years

October 11–November 15
Wednesdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, West
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Dwight Douglass, LCSW

Adult Loss of Parent

October 12–November 16
Thursdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, West
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Dwight Douglass, LCSW

Spouse Loss Retirement Years

October 18–November 22
Wednesdays, 10:00 am–Noon

Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Chrystenn Lightbourne, MSW, RCSWI

General Grief and Loss

November 8–December 13
Wednesdays, 10:00 am–Noon

Community Service Center
Gathering Place, West
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: E. Heather Bishop, LMHC

SOUTH COUNTY GROUPS

Spouse Loss Working Years

October 2–November 6
Mondays, 6:00 pm–8:00 pm

Community Service Center
Room 112D
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Michelle Parasole, LCSW

General Grief and Loss

October 4–November 15
(No meeting October 25)
Wednesdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, 112D
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Paul Lomangino, LCSW

Spouse Loss Retirement Years

October 5–November 9
Thursdays, 10:00 am–Noon

Community Service Center
Gathering Place, 112D
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Alice Marks, MSW

Spouse Loss Retirement Years

October 18–November 22
Wednesdays, 10:00 am–Noon

Community Service Center
Gathering Place, 112D
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Dee Brandon, cPhD, MSW, MCP

Adult Loss of Parent

November 2–December 14
(No meeting November 23)
Thursdays, 6:00 pm–8:00 pm

Community Service Center
Gathering Place, 112B
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Darrell Boyd, LCSW

Coping with the Holidays

North Pinellas

November 17
Friday, 10:00 am–11:30 am

Facilitator: Cassandra Szarejko, LMHC

November 30
Thursday, 6:00 pm–7:30 pm

Facilitator: Joe Bixler, LCSW
Community Service Center
Gathering Place, Room 2
2675 Tampa Rd., Palm Harbor, 34684

Mid-Pinellas

October 30
Monday, 6:00 pm–7:30 pm

November 8
Wednesday, 2:00 pm–3:30 pm

December 13
Wednesday, 6:00 pm–7:30 pm
Community Service Center
Garden House
5771 Roosevelt Blvd., Clearwater, 33760
Facilitator: Dwight Douglass, LCSW

South Pinellas

November 7
Tuesday, 6:00 pm–7:30 pm

November 14
Tuesday, 2:00 pm–3:30 pm

Community Service Center
Gathering Place, 112D
3050 1st Ave. S., St. Petersburg, 33712
Facilitator: Paul Lomangino, LCSW;
Michelle Parasole, LCSW